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Happy Thanksgiving!





















American Thanksgiving

The annual Thanksgiving tradition in the United States can be traced back to the 17th century. In 1621, after a hard and devastating first year in the New World, the English Pilgrims had a very successful and plentiful fall harvest. The Pilgrims, who had settled Plymouth Colony (in present day Massachusetts), soon made peace with the local Native American tribe, the Wampanoag. To celebrate the harvest, the Pilgrims and the Native Americans joined together to feast. Since then, an annual day of Thanksgiving has been celebrated on the fourth Thursday in November. Thanksgiving is also celebrated in Canada, on the second Monday in October.



A traditional Thanksgiving dinner includes: roasted turkey, stuffing, mashed potatoes and gravy, sweet potatoes, green bean casserole, cranberry sauce, and rolls. No Thanksgiving dinner is complete without a pumpkin pie for dessert!

Other Thanksgiving Day traditions include the Macy's Thanksgiving Day Parade through New York City. Macy's, a famous department store, sponsors the parade. The parade include floats, Santa Claus, and the Radio City Rockettes. Another Thanksgiving tradition includes watching the professional football games that are played in the afternoon. Two teams, the Detroit Lions and the Dallas Cowboys, host games every year.



Pumpkin Pie Recipe

Ingredients

1 cup packed brown sugar 1 tablespoon cornstarch 1/2 teaspoon salt 1 teaspoon ginger 1 teaspoon cinnamon 1 1/2 cups pumpkin purée 3 large eggs 1 1/2 cups evaporated milk 1 9-inch pie shell



Directions

- 1. Preheat oven to 425° F. Line a baking sheet with parchment paper; set aside. In a large bowl, combine brown sugar, cornstarch, salt, ginger, cinnamon, pumpkin purée and 3 eggs. Beat well. Add evaporated milk and combine. Set aside.
- 2. Fill pie shell with pumpkin mixture. Transfer to prepared baking sheet.
- 3. Bake for 10 minutes. Reduce heat to 350° F and continue baking for 30 more minutes. Cool on a wire rack.

Thanksgiving Day is a legal holiday observed annually in the United States on the fourth Thursday of November. In Canada, Thanksgiving falls on the second Monday in October. Its origin probably traces to harvest festivals that have been traditional in many parts of the world since ancient times. Today Thanksgiving is mainly a celebration of domestic life, centered on the home and family. Most people celebrate Thanksgiving by gathering with family or friends for a holiday feast.

CUSTOMS AND SYMBOLS

Public observances of Thanksgiving usually emphasize the holiday's connection with the Pilgrims. Thanksgiving pageants and parades often feature children dressed in Pilgrim costume, complete with bonnets or tall hats, dark clothes, and shoes with large silver-colored buckles.

Many of the images commonly associated with Thanksgiving are derived from much older traditions of celebrating the autumn harvest. For example, the cornucopia (a horn-shaped basket overflowing with fruits and vegetables) is a typical emblem of Thanksgiving abundance that dates to ancient harvest festivals.







In keeping with the idea of celebrating a plentiful harvest, preparing and eating a large meal is a central part of most Thanksgiving celebrations. Thanksgiving menus usually include turkey, stuffing, cranberry sauce, squash, mashed potatoes, sweet potatoes, and pumpkin pie. These simple foods recall the rustic virtues of the Pilgrims. Additionally, most of these foods are native to North America, emphasizing the natural bounty that greeted early settlers in their adopted homeland.

Later groups of immigrants to North America often adapted the traditional holiday menu to fit their own tastes. For example, many Italian American Thanksgiving meals include Italian specialties, such as pasta and wine.

HISTORY

Americans trace their traditional Thanksgiving holiday to one celebrated in 1621. This celebration was held at the Plymouth Colony, now in the state of Massachusetts. The English Pilgrims who had sailed from England on the Mayflower and founded the colony marked the occasion by feasting with Native American guests—members of the Wampanoag tribe—who brought gifts of food as a gesture of goodwill.

In the late 19th century Thanksgiving's emphasis on home and family appealed to many people throughout the United States. As a distinctly American holiday, Thanksgiving was also considered an introduction to American values for the millions of immigrants then entering the country.

CONTEMPORARY CULTURE

During the 20th century, as the population of the United States became increasingly urban, new Thanksgiving traditions emerged that catered to city dwellers. The day after Thanksgiving gradually became known as the first day of the Christmas shopping season. To attract customers, large retailers such as Macy's in New York City began to sponsor lavish parades. By 1934, the Macy's parade, featuring richly decorated floats and gigantic balloons, attracted more than one million spectators annually.



Many Americans digest their holiday meal while watching football games on television. Traditionally, two National Football League (NFL) teams, the Detroit Lions and the Dallas Cowboys, host games on Thanksgiving Day. High viewership of these holiday games has made football an American Thanksgiving tradition.



Thanksgiving Dinner



Carving the turkey



Sweet Potatoes



Green Bean Casserole



Dinner Rolls



Pumpkin Pie



Cranberries and Cranberry Sauce





Stuffing



Mashed Potatoes



Gravy



Turkey and Stuffing



Stuffing Ingredients

